STATE CENTER COMMUNITY COLLEGE DISTRICT
COLLEGE TRAINER

DEFINITION

Under direction performs and administers physical therapy treatment as prescribed by a physician.

DISTINGUISHING CHARACTERISTICS

This classification performs complex duties in accordance with general instructions or procedures. This position differs from lower levels by the responsibility for or greater variety of activities and work being less closely supervised.

EXAMPLES OF DUTIES

Performs needed preventative and rehabilitative physical therapy activities for injuries incurred by student athletes, consults and coordinates with team physicians in determining athletes physical ability to compete, maintains detailed records of injuries and therapy, coordinates athletic insurance for all sports and assists in other areas of the school athletic program as needed.

EMPLOYMENT STANDARDS

Education: Bachelor’s degree in kinesiology, physical education, physical therapy, or occupational therapy AND a certificate in Athletic Training from National Athletic Trainers’ Association –Board of Certification.

Experience: Experience as a trainer in a high school, college or university environment involving major competitive sports, i.e. football, basketball, baseball, and track.

Knowledge and Abilities: Knowledge of sports injury prevention, principles and practices of sports medicine and first aid, cardiopulmonary resuscitation, operation of therapeutic devices, taping and strapping techniques, conditioning rehabilitation procedures, protective equipment, elements of health education, anatomy and physiology, sports injury record keeping, and the privacy laws. Skill to administer care for fractures, dislocations, sprains, strains, concussion, contusions, cuts, and abrasions, operate therapeutic devices, aid the team physician in physical examinations and reconditioning programs, conduct an effective training program. Ability to receive and follow instructions and appropriately interact with students, staff, faculty and the public. Ability to learn and apply college and district policies and procedures.